**RECTAL IRRIGATION REVIEW**

Communication Method: Face to face / telephone / video call / email

Date:Time: Follow-up: 1/2/3/4

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| Questions to ask | COMMENTS |
| General progress / satisfaction   * *How has your experience with rectal irrigation been so far?* * *What changes have you noticed since you started the irrigation routine?*   Bothersome score: before and after = 0-10 |  |
| Technique:   * *Can you walk me through how you usually carry out your rectal irrigation?* |  |
| Frequency of irrigation:   * *Tell me about the frequency of using your rectal irrigation.* |  |
| Water volume:   * *What volume of water are you using and how does this effect your bowels?* |  |
| Encouraging Patient Engagement   * *Sounds like you are really trying to find that routine that sits within your lifestyle.* |  |
| Addressing Psychological Aspects   * *How important is it to treat your bowel problem? asking two brief questions opens the door for a deeper exploration of a patient’s thoughts and feelings.*   **Not important, Slightly important, Moderately important, Very important Extremely important**  How do you feel about using rectal irrigation as your next treatment option?  **Not keen, Somewhat keen, Moderately keen, Very keen, Extremely keen** |  |
| What other information would you like to discuss? |  |
| Any other comments: | |